

EMERGENCY PREPAREDNESS

You may need to survive on your own after an emergency. This means having your own food, water and other supplies in sufficient quantity to last for at least three days. Local officials and relief workers will be on the scene after a disaster but they cannot reach everyone immediately. Basic services such as electricity, gas, water, sewage treatment and telephones may be cut off for days or even a week or longer. When preparing for a possible emergency situation, it's best to think first about the basics of survival: **fresh water, food, clear air and warmth.**

Recommended Items to Include in a Basic Emergency Kit:

- **Water**, one gallon of water per person per day for at least 3 days.
- **Food**, at least a 3-day supply of non-perishable food
- **Can Opener**
- **First Aid Kit**
- **Dust Mask**
- **Cell Phone with Chargers**
- **Wrench or Pliers** to turn off utilities
- **Flashlight** and extra batteries
- **Battery-powered or hand crank radio**
- **Moist towelettes and garbage bags** for personal sanitation

Additional Items to Consider for Emergency Kit:

- Prescription medications and glasses
- Instant formula and diapers
- Pet food and extra water for your pet
- Important family documents
- Cash or traveler's checks and change
- Emergency reference material such as a first aid book or information from www.ready.gov
- Sleeping bag or warm blanket for each person
- Complete change of clothing
- Household chlorine bleach and medicine dropper-Dilute 9 parts water to 1 part bleach to use as a disinfectant.
- Fire Extinguisher
- Paper towels, paper cups, plates and plastic utensils